

2021 年莊嚴寺 佛三作息表

The Schedule of 3-Day Amitabha Retreat at Chuang Yen Monastery, 2021

	12/24 ~ 25 (Fri. to Sat.)	12/26 (Sun.)
8:50am ~ 10:00am	讚佛偈、繞佛、坐念、開示、坐念、迴向 A Verse in Praise of Amitabha, Walking Chanting, Sitting Chanting, Dharma Talk, Transference of Merits	
10:20am ~ 11:20am	讚佛偈、繞佛、坐念、靜坐、坐念、迴向 A Verse in Praise of Amitabha、 Walking Chanting、 Sitting Chanting、 Meditation、 Transference of Merits	佛前大供、 延生位迴向及化牌位 往生位迴向及化牌位 總迴向 Grand Offering、 Transference of Merits、 Paying Respects to Patriarchs
11:25am ~ 12:10am	午 齋 Lunch	
12:15am ~ 2:00pm	午 休 Rest	
2:10pm ~ 3:25pm	讚佛偈、繞佛、坐念、開示、靜坐、迴向 A Verse in Praise of Amitabha、 Walking Chanting、 Sitting Chanting、 Dharma Talk、 Sitting Chanting、 Transference of Merits	
3:50pm ~ 5:00pm	晚 課： 彌陀經、蒙山施食、讚佛偈、 往生位迴向、坐念、靜坐、 祝伽藍、迴向 Evening Service： Amitabha Sutra、 Mengshan Food-Giving、 A Verse in Praise of Amitabha、 Sitting Chanting, Meditation、 Transference of Merit.	