#### SYLLABUS FOR ABHIDHAMMA PROGRAM 2017

This program will be based on the Visuddhimagga, *The Path of Purification*. A PDF of this book (uploaded with permission of the publisher) can be found <a href="here">here</a>. Occasionally cross-references will be made to the *Comprehensive Manual of Abhidhamma*, which can be found <a href="here">here</a>.

#### SESSION 1. Friday 9/1, 7:00 pm-8:15 pm

The significance of the five aggregates, as shown in the Nikāyas. See the file "Nikayas on the Five Aggregates" attached.

#### SESSION 2: Saturday 9/2, 9:00 am-10:00 am

Overview on wisdom (Vism chapter 14, sections 1–7).

The four primary elements (Vism chapter 11, sections 27–47, 84–93; pages 344–350, 357–360).

#### SESSION 3: Saturday 9/2, 10:20 am-11:20 am

Derived material form (Vism chapter 14, sections 36–70).

#### **SESSION 4: Saturday 9/2, 2:10 pm-3:10 pm**

The consciousness aggregate: types of consciousness (Vism chapter 14, sections 81–110)

## SESSION 5: Saturday 9/2, 3:30 pm-4:15 pm

The consciousness aggregate: types of consciousness (Vism chapter 14, sections 81–110, continued)

## SESSION 6: Saturday 9/2, 7:00 pm-8:15 pm

The consciousness aggregate: types of consciousness (Vism chapter 14, sections 81–110, continued): O & A

## SESSION 7: Sunday 9/3, 9:00 am-10:00 am

The consciousness aggregate: functions of consciousness (Vism chapter 14, sections 111–124)

#### SESSION 8: Sunday 9/3, 10:20 am-11:20 am

The aggregates of feeling, perception, and formations (Vism chapter 14, sections 125–139).

### SESSION 9: Sunday 9/3, 2:10 pm-3:10 pm

The aggregate of formations (Vism chapter 14, sections 140-158)

#### SESSION 10: Sunday 9/3, 3:30 pm-4:15 pm

The aggregate of formations (Vism chapter 14, sections 159–184)

# **SESSION 11: Sunday 9/3, 7:00 pm-8:15 pm** O & A.

#### SESSION 12: Monday 9/4, 9:00 am-10:00 am

Classifications of the five aggregates (Vism chapter 14, sections 185–230)

#### SESSION 13: Monday 9/4, 10:20 am-11:20 am

Classifications of the five aggregates (Vism chapter 14, sections 185–230, continued)

## SESSION 14: Monday 9/4, 2:10 pm-3:10 pm

Comprehensive Q & A session; sharing of merits

## Post-Session: Monday 9/4

**3:20 pm:** Taking Three Refuges & Five Precepts

**3:45–4:30 pm:** Clean up & depart